

# Regional Network Chairs News - March 2019



Daubenym

Dear Regional Network Chairs,

Spring has sprung and so has the latest news pertinent to your role as leaders of the regional networks. Please share this info with your core team members and with wider regional membership via your social media channels and during events.

A quick reminder to ensure you register for your ARC place via [www.csp.org.uk/ARC](http://www.csp.org.uk/ARC) - each network is entitled to 3 places. If you need more than your allocated places then let your CRE Officer know ASAP!

The CRE team is on hand, as always, to answer any queries you might have. Call Catherine or Mindy or email [cre@csp.org.uk](mailto:cre@csp.org.uk).

Know an outstanding Physio Steward or Health & Safety Rep – then nominate them for Rep of the Year!

If there is someone in your workplace working tirelessly to defend workers' rights and could do with a pat on the back then why not nominate them for the rep of the year awards and be in the chance of collecting their award at ARC 2019. To nominate visit [www.csp.org.uk/repoftheyear](http://www.csp.org.uk/repoftheyear) - the deadline is the 19 April so get nominating!

Healthwatch launches #WhatWouldYouDo campaign to consult local people on the NHS Long Term Plan

Healthwatch's campaign #WhatWouldYouDo in support of initiatives to drive forward recommendations in the NHS Long Term Plan locally provide an opportunity for you to promote the role that Physio has to play. Visit <https://www.healthwatch.co.uk/news/2019->

03-12/digital-resources-support-whatwouldyoudo - to get involved locally and sign up for updates. Keep on the look-out for Healthwatch events in your area that you could contribute to. For ideas on how you can influence the NHS Long Term Plan locally visit <https://www.csp.org.uk/networks-campaigns-influencing/shaping-healthcare/nhs-long-term-plan-england/implementing-nhs-long>

Want to link up with the Student Physiotherapy Societies in your area?

Many regional networks are benefitting from having student members on their core teams and reaching out to their local University's Physiotherapy Society to boost student member engagement. If you are interested in doing this for your region and would like to contact details of the relevant societies locally please email [studentenquiries@csp.org.uk](mailto:studentenquiries@csp.org.uk) . There will also be the chance to network with local Student Societies at a special fringe event at ARC – more details to follow in future news.

Help encourage Members working in Community Rehab to network via new iCSP Group iCSP Community Rehabilitation Network.

Members wanting to network with fellow members working in community rehabilitation can now do so virtually via the recent launched iCSP group - <https://www.csp.org.uk/icsp/community-rehabilitation> - please encourage members to sign up. Regular content and lively discussion and debate will be posted on the site so don't miss out!

Top 5 things about.....Mindy Daubeny

This is a new series to introduce you to members of the CRE Team, to give you an insight into what makes CRE Team members tick. To keep things simple we list the top 5 things you need to know:

1. Mindy's role at the CSP is Campaigns and Regional Engagement Officer for: North West, West Midlands, South Central, South East Coast and South West. She is a full-time home-worker based in Southampton.

2. She is a communications professional and has worked across a variety of sectors including education, policing, corporate and tech PR and sports PR.
3. Mindy joined the CSP In April 2016, her previous role was at Guildford Borough Council providing PR and media support for Armed Forces Day 2015.
4. In her spare time she enjoys training her rescue dog Rupert and has just started dog agility training with him (Crufts is on the bucket list). She also enjoys riding horses.
5. One thing you might not know about Mindy is that she worked as a press officer for a Formula 1 Team and prior to a media interview, Jenson Button checked out his appearance by looking into her sunglasses in the absence of a mirror – a rather surreal experience!

You can contact Mindy by calling 0207 306 6163/ 07827 355048 or email [daubenym@csp.org.uk](mailto:daubenym@csp.org.uk)

Are you making the most of The CSP's print on demand service?

Whether you are visiting your GP, have access to your Trust's or Organisation's patient waiting area or are attending an event involving patients or decision-makers, there is always an opportunity to hand out CSP literature promoting the profession and public health advice. The CRE Team are on hand if there are specific events that you need to request bulkier packs. However for smaller-scale requests why not make use of the print on demand service - <https://www.feburman.co.uk/CSP/home.php> - where you get the chance to not only request free print runs (of between 5 and 20 copies depending on the type requested) but you can also customise the literature with your own details. All members can make use of this service so please promote and use!

CAHPR Top tips!

CAHPR has a new top ten tips on writing service improvement case studies written by Naomi McVey. This is a nice introduction to why case studies matter and how to write a good one. If you are doing service visits or encouraging members to promote their work through the Innovations database then this should be a great resource to use. It is available on the CAHPR website and we will

have printed copies soon. <https://cahpr.csp.org.uk/content/cahpr-top-ten-tips>

CAHPR has 13 more top tips all free to download, so please do make use of them.

Dates for your diary

April

West Midlands FCP Event 5 April

<https://www.eventbrite.co.uk/e/csp-west-midlands-regional-network-advancing-the-profession-through-first-contact-physiotherapy-tickets-55157198666>

Yorks & Humber RN Event 12 April

Positioning Physiotherapy at the Leading Edge of Transformation

<https://csp-yorks-humber.eventbrite.co.uk>

May

South Central RN Conference 16 May

<https://www.eventbrite.co.uk/e/power-politics-and-persuasion-csp-south-central-network-conference-2019-tickets-55898167925>

South West RN Meet & Walk with Karen Middleton 15 & 16 May

<https://www.eventbrite.co.uk/e/csp-south-west-regional-network-active-meet-with-csp-ceo-karen-middleton-in-bath-tickets-56812861799>

<https://www.eventbrite.co.uk/e/csp-south-west-regional-network-active-meet-with-csp-ceo-karen-middleton-in-plymouth-tickets-56815519749>

North West RN Professional Forum 20 May

North East RN Event 22 May - Physiotherapy for MSK Health & Wellbeing

June

Annual Representatives Conference (ARC) 2019 3 – 4 June 2019  
(Tweet using #CSPARC19) [www.csp.org.uk/arc](http://www.csp.org.uk/arc)

North West RN FCP Event 24 June – Venue and more details TBC

No events as yet for July and August

September

North West RN Professional Forum 24 September

October

South West FCP Event with CSP Corporate Priorities 2 October

North East RN Event 'Innovation in Healthcare' October (2nd or 9th)

November

Physiotherapy UK 2019 Friday 1 November and Saturday 2  
November £99 if you book by 31st  
July [www.physiotherapyuk.org.uk](http://www.physiotherapyuk.org.uk)

December

North West RN Professional Forum 2 December