



Digital Physiotherapy Solutions

Name	Description	Triage	Pathway integration	Self-management advice	Self-directed exercise	Clinician prescribed exercise	Tele-medicine
Curovate	Pre/Post-op self-management			✓	✓		
ESCAPE-online	Hip/knee self-management			✓	✓		
getUBetter	MSK triage & self-management	✓	✓	✓	✓		
iPrescribe Exercise	General exercise app				✓		
Kaia	MSK self-management			✓	✓		
MSK Assist	MSK self-management			✓	✓	✓	
Phio	MSK triage	✓					
Physio Wizzard	MSK triage & self-management	✓		✓			
Physio-tec	Exercise prescription					✓	
Physio tools	Exercise prescription					✓	
Physitrack	Exercise prescription					✓	✓
Rehab me	MSK self-management			✓	✓		
Rehab my patient	Exercise prescription					✓	
Salaso	MSK triage & self-management	✓		✓		✓	✓
Track active	MSK self-management			✓		✓	
Virtual Lucy	MSK triage	✓					✓