



Signs and Symptoms *of* Long COVID

Headaches,

Cognitive Impairment, Dizziness,
Sleep Disturbance, Peripheral Neuropathy,
Paraesthesia, Neuralgic Amyotrophy,
Guillain-Barré Syndrome

Chest Pain,

VTE, Heart Failure, Myocardial Injury,
Myo/Pericarditis, Arrhythmia, Palpitations

Myalgia, Arthralgia

Gross Fatigue

Breathlessness, Chronic Cough,

Lung Fibrosis, Pulmonary Vascular Disease,
Continued need for oxygen

Rashes

Depression, Anxiety, PTSD



PESE/PEM Increased disability,

Decreased independence,
Negative economic impact,
Reduced QOL

Abdominal Pain,
Nausea/Vomiting,
Diarrhoea, Anorexia

Anosmia, Aguesia,
Sore Throat, Tinnitus, Earache

Other complications

Fever, Kidney Failure, Liver disease,
Pancreatic Injury, Multisystem
Inflammatory Syndrome (in children),
Lymphadenopathy, Thrombosis, Cytokine Release
Syndrome, Clotting Disorders,
Autoimmune haemolytic anaemia, Immune
Thrombocytopaenia.