

CSP Welsh Board Newsletter

December 2023

Meeting held in person 05/12/23



CSP Welsh Board met in Cardiff and welcomed Ishmael Beckford, Chair of CSP Council and Ruth Crowder, Chief AHP Officer in Welsh Government (seen here with Chair of WB, Leighton Powell – love the jumper Leighton!). They also welcomed Jess Thomas from CTMU Health Board who shared good practice on first contact physiotherapy.



Ruth Crowder provided a useful update on strategic direction within WG – she is keen to ensure AHPs are influencing at all levels. Rehab services are crucial and there has been 5 million invested – moving services to communities and supporting people there is crucial and AHPs must “articulate our offer”, says Ruth. Direct access for patients to physiotherapy in primary and community care is a solution.

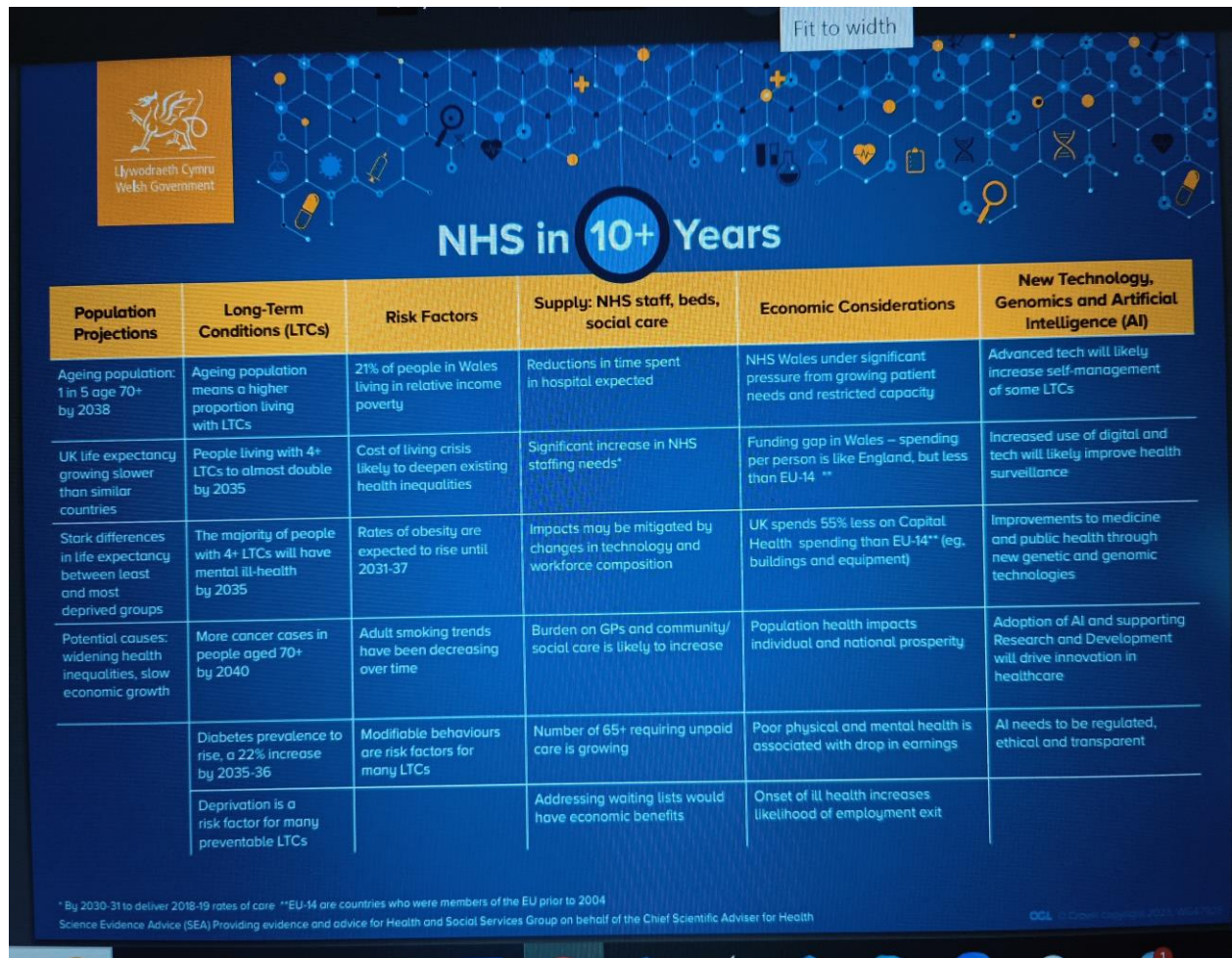
Action – To note and think about how we are articulating our ‘offer’ to the people that matter.

Manessa Faal, WB BAME rep highlighted a new on-line resource created by the CSP Wales reps ‘Race Equality Group’ <https://sway.office.com/c2g2HAdzqgvFqUhl>

This is an **absolutely fantastic** resource and all members are encouraged to access it. There’s signposting to a range of useful information and support, linking with the CSP’s Equity Diversity and Belonging approach. It covers: tackling racism, the anti-racist Wales Action Plan, micro-aggressions, privilege and oppression, anti-racism and racism in the workplace/recruitment. Huge thanks to the reps involved in this work – you can see who they are by accessing the resource.

Action – To Access and Use.

Calum Higgins, CSP Policy and Public Affairs Manager and Ruth Crowder both highlighted the recent Health Projections paper from Welsh Government looking at long term conditions and NHS demand going forward in the next 10 years. The infographic is very useful and it is worth looking at the report in more detail. <https://www.gov.wales/report-projections-health-evidence-and-policy-recommendations>



This report provides some valuable data and projections for the future. Long term conditions are a major concern for Welsh Government and AHPs will have a massive role to play in how they are managed.

Calum says, “My interpretation of this paper is that it will shape the policy of the Welsh Government for years to come, changing focus to prevention and public health.”

A key paragraph to note:

Making the NHS more efficient will require more investment in primary care and wider workforce (eg Allied Health Professionals), social care and public health, exploring patterns of expenditure to ensure emphasis is placed on high value interventions, increasing the NHS workforce, and adopting new technologies, but at the same time this investment could yield economic gains; for instance, addressing waiting times for elective treatments would likely result in increased productivity.

Action for members – read and use this report to support your work.

CSP Updating the Physiotherapy Career Framework – your chance to get involved!

<https://www.csp.org.uk/professional-clinical/cpd-education/professional-development/professional-frameworks/new>

The CSP is in the process of updating the Physiotherapy Career Framework which will be launched mid-2024. They are looking for members to get involved, submitting stories, case studies and insights into careers journeys. It would be great to have contributions from Wales – please get involved!

For Action.

Want to know more about CSP

Welsh Board? If you want to know more or wish to become involved please contact your local WB rep or a member of the exec. It may be possible for you to attend a WB meeting as an observer with the agreement of the WB exec.

Reps:

https://www.csp.org.uk/system/files/documents/2023-09/csp_welsh_board_-_whos_who_2023.pdf

For Note and Action.

Adam Morgan, CSP Senior Negotiating Officer

for Wales updated WB on industrial relations issues. Regarding pay, and considering the pay award for 2024, the unions are unable to agree a joint position and are waiting for Welsh Government to decide if they will continue with the Pay Review Body for 2024-2025 pay. Unions have said that they want the Pay Review Body to be reformed but they will stay with the Pay Review process for now.

Discussions about delivery on the non-pay elements of the pay award 2023 highlighted concerns about Financial Control Measures being used by HBs impacting on things like leave and access to CPD.

Work is on-going on the Welsh Partnership Forum with Employers, Unions and Welsh Government. Unions are hoping for delivery on all non-payment elements by the end of the financial year. #watchthisspace

Action:

Any members with concerns – get in touch with your local steward.

Resources for Support Workers and members who want to know more about what the CSP has to offer our support workers

Take a look at the support worker hub - <https://www.csp.org.uk/networks/associates-support-workers>

Some really useful resources here!

For Note.

Are you a CSP member?

This newsletter provides some useful resources and feedback – but if you were a member of the CSP you would get so much more! The CSP is there for physios, support workers and students. If you are not a member... why not? [Join the CSP now!](#)

<https://www.csp.org.uk/join-csp>

For Action.

Private Practitioners and members working in independent hospitals – new resources from the CSP and ‘Physio First’ – check out the hub

<https://www.csp.org.uk/networks/independent-practitioners>

Recent zoom session held in Wales looking at taking students on placement in private practice and independent hospitals – get in touch with Maria Lewis if you want to join the Wales network and access this excellent session which was recorded.

For Action. Maria Lewis – reachyourpeakonline@mail.com



(CSP Welsh Board in full swing!)

Keeping in touch with the CSP in Wales?

Are you following **@CSPWales** on twitter?

Are you following the 'team CSP Wales' officers on twitter?

@CalumCSP – Calum Higgins, Public Affairs and Policy Manager for Wales

@AdamM_CSP – Adam Morgan, CSP Senior Negotiating Officer for Wales and West Midlands

@Catchin87 – Cat Chin, CSP Professional Advisor in Wales

@CSPHayley – Hayley Downey, Campaigns and Regional Engagement Officer for Wales

@JennyFrancis88 – Jenny Francis, CSP Administrator in Wales

@physiospilz – Alice Spilsbury, ERUS Organising Officer for Wales and West Midlands

Are you signed up to receive regular CSP bulletins? Make sure your details are up to date on the CSP website and you have signed up to all the i-CSP bulletins you want to receive. There's loads of valuable information and peer support that you can tap into from the CSP and i-CSP from other members that you link with via networks.

Living and working in Wales, you will be part of the Wales network – and you will receive information relevant to the CSP membership in Wales.